

# Understanding the Medicaid Waiver Request for Approval (RFA) Process

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#### **Learning Objectives**

At the end of this training, learners will be able to:

- ✓ Gain knowledge about the waiver services; environmental modifications, vehicle modifications and specialized medical equipment.
- ✓ Understand what items are allowable and not allowable services for each waiver.
- ✓ Learn the steps required to obtain waiver services using the Request for Authorization (RFA) process.





#### Waiver Services Available

Community Integration and Habilitation Waiver (CIH) / AD / TBI	Family Support Waiver (FSW)
✓ Vehicle Modifications	✓ Vehicle Modifications
✓ Specialized Medical Equipment and Supplies	✓ Specialized Medical Equipment and Supplies
✓ Environmental Modifications	



#### **Environmental Modification**

#### Waiver Definition:

Those physical adaptations to the home, required by the individual's plan of care, which are necessary to ensure the health, welfare and safety of the individual, or which enable the individual to function with greater independence in the home, and without which the individual would require institutionalization.

Waiver Services must approve all environmental modifications prior to service being rendered.



## Environmental Modifications:

- **Covered Items**
- Fence Limited to 200 Linear Feet with past documented history of elopement (Must have an Incident Report to document the elopement history)
- Ramp Limited to 1 per house
- Door widening
- Walk-in Tub
- Automatic Door Opener
- Roll-in shower / Bathroom Modifications
- Kitchen Modifications Med Model Waiver only



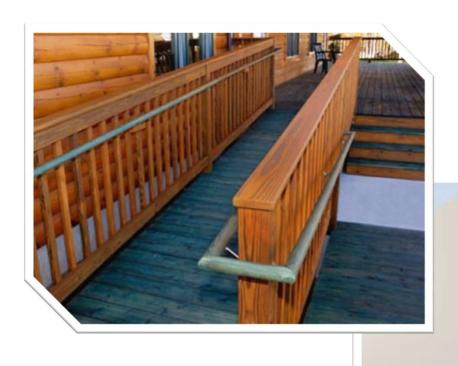
# Environmental Modifications: Covered Items

- Anti-Scald Devices
- Grab Bars
- Stair Lift
- Single Room Air Conditioner
- Shatterproof window coverings

- Portable Ramps (considered for rental properties only).
- Door Alarms
- Maintenance to modifications previously covered through waiver -\$500 yearly cap



### Examples of Allowable Environmental Modification







#### **Grab Bars**









Hinged Arm Support



## Additional Examples











## Environmental Modifications: Items Not Covered

- Ceiling Track Lift Systems (Except Med Model)
- Elevators (Except Med Model)
- Home Security Systems (including window alarms)
- Adaptations which are not of direct medical or remedial benefit to the individual (such as carpeting, roof repair, central air conditioning)
- Adaptations which add to the total square footage of the home





# Environmental Modifications: Items Not Covered (cont'd)

- Modifications that duplicate existing accessibility (2<sup>nd</sup> ramp)
- Adaptations to service provider owned housing. Home accessibility modifications as a service under the waiver may not be furnished to individuals who receive residential habilitation and support services except when such services are furnished in the participant's own home.





## Environmental Modifications: Items Not Covered (cont'd)

- Modifications on new home construction
- Modifications to add a non-ADA item i.e. a bathtub or vanity (A roll-in shower or wall hung sink could be added to meet ADA requirements.)



# Vehicle Modifications (VMOD): What's Covered

- Wheelchair Lifts
- Wheelchair tie-downs
- Wheelchair / scooter hoists
- Wheelchair / scooter carrier for roof or back of vehicle
- Lowered Floor Conversion (Med Model Only)







# Vehicle Modifications (VMOD): What's Covered (cont'd)

- Raised Roof and Raised Door
   Openings
- Power Transfer Seat (Excludes Mobility Base)
- Maintenance to items previously funded through waiver – \$500 yearly cap





## Vehicle Modifications Examples









## Vehicle Modifications (VMOD): What's Not Covered

- Lowered Floor Mini-Van Conversions (except Med Model)
- Routine maintenance and repairs related to the vehicle
- Repair or replacement of modified equipment damaged or destroyed in an accident
- Repairs to modifications that were not paid for through Waiver funds





## Vehicle Modifications: Additional Information

- Only one vehicle per individual household may be modified at one time
- Vehicle must be less than
   10 years old and have less
   than 100,000 miles
- Note that for Med Model there are no age or mileage limits

- PA Denial is not required.
- If older than 5 years, a mechanic must provide written verification that vehicle is in sound condition
- Client or primary caregiver must purchase the vehicle prior to adding modifications





### Specialized Medical Equipment and Supplies

#### **Waiver Definition:**

Specialized medical equipment and supplies to include devices, controls, or appliances, specified in the plan of care, which enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live and without which the individual would require institutionalization.

Any ATCH item submitted through waiver must have a PA denial included with the request.



### Specialized Medical Equipment and Supplies

- Communication Devices
- Generators (portable)
- Interpreter Service (Currently no providers available)
- Self Help Devices (Bed tables, reachers, eating utensils, Weighted Vest, Weighted Blanket, Noise Reducing Headphones)
- Strollers
- Manual wheelchairs
- Posture chairs & feeding chairs
- Maintenance for items previously funded through waiver - \$500 yearly cap







### Examples of covered items



### Recent Med Model Changes

- No longer a restriction for vehicle modifications based on age or mileage of vehicle
- Lowered floor conversions are allowed on vehicle mods
- Ceiling track lifts & elevators are now allowed
- Kitchen Modifications are now allowed
- Manual Wheelchairs are no longer covered
- Only 2 bids are required for all types of services
- Prescriptions are no longer required for home modifications or vehicle modifications



# Specialized Medical Equipment: What's Not Allowed (Examples)

Computers & Software	Therapy Mats
Exercise equipment such as treadmills or exercise bikes	Scales
Play equipment such as adaptive tricycles	Therapy Balls
Items normally covered by Medicaid PA (i.e. standard shower chairs, bedside commode, raised toilet seat, power wheelchairs, walkers, incontinence supplies, hospital beds, standers, etc.)	Bathtub lifts
Motorized Scooters	Medication Dispensers (Except Med Model)

# Specialized Medical Equipment: Activities Not Allowed

- Equipment and services that is available under the Medicaid State Plan
- Equipment and services that are not of direct medical or remedial benefit to the individual
- Equipment and services that have not been approved on a Request for Approval to Authorize services (RFA)
- Equipment and services that are not reflected in the Individualized Support Plan
- Equipment and services that do not address needs identified in the person centered planning process



## Interpreter Services – Non Waiver

- Indiana Deaf and Hard of Hearing Services (DHHS) offers programs for Hoosiers who are deaf or have hearing loss which enables them to participate as productive citizens, preserves their heritage and affirms their right to accessibility in society.
- DHHS has a small fund (approximately \$80,000/year) to assist with the cost to provide individuals who are deaf or hard of hearing with communication accommodations to access state government in Indiana. These services include interpreters, Video Remote Interpreting (VRI), Computer Aided Real-time Transcription (CART), and remote CART.

# Interpreter Services – Non Waiver Continued

https://secure.in.gov/fssa/ddrs/2637.htm

Deaf and Hard of Hearing Services (DHHS)
 402 West Washington Street - MS 23
 IGCS – W453
 Indianapolis, IN 46204
 Email: DHHSHelp@fssa.IN.gov



#### **Bath Lifts**

Bath lifts are covered through Medicaid Prior Authorization PA with a corresponding diagnosis.





### Additional Lifts: Medicaid PA may cover

 Prism Lift System – may be an option in homes where a patient/hoyer lift will not fit.

 Mobility Lift Systems – great for small bathrooms to help lower an individual down into a tub.









#### Medicaid State Plan:

#### **Prior Authorization**

Examples of Equipment and Services available under the Medicaid State Plan, using Prior Authorization:

- Incontinence Supplies
- Diabetic Supplies
- Wheelchairs (Mobility aids)
- Hospital beds
- Bath lifts
- Shower Chairs
- Hearing Aids

- Communication Devices
- Occupational, speech, and physical therapy
- Home Health aide and Skilled Nursing Services
- Quarterly Respite
   Nursing Home Stay





#### Miscellaneous Items

- If the costs are below \$1,000, only 1 bid is required.
   However, the state can request additional bids if the costs appear to be excessive.
- A prescription is required for all services (except maintenance requests). (Excluding Med Model)
- For bath mods, the Support Team needs to obtain pictures of all existing bathrooms in the home. Pictures need to show a full view of the bathroom. (Except Med Model)
- For ramps, the Support Team needs to obtain pictures of all exits to the home. (Except Med Model)



# Steps: Initiate the Referral Process

- Individual served or someone on support team will request need.
- Case Managers working with IPMG will notify the IPMG RFA Specialist. A referral form may be needed for IPMG Case Managers.
- Bids are required from the approved waiver providers.



# Steps: Initiate the Referral Process (cont'd)

#### Additional steps the CM will need to complete:

- Obtain Medicaid PA for required services prior to using waiver funding. (RFA specialist will work with provider to obtain this for IPMG individuals)
- Obtain physician's order script.
- Obtain pictures for selected items.
- Obtain a letter of permission from the landlord (for rental properties).



# Steps: Submit an RFA Request

(For IPMG Case Managers, RFA specialist will assist with all steps of this process).

- Bids will be obtained and reviewed by the Case
   Manager. Three bids are required for items over \$1,000.
- CM will share bids with family
- Lowest bid must be used unless supporting documentation exists
- Once bid has been selected, the RFA, CCB Update must be completed.





## Steps: Obtain RFA Approval For IPMG CMs

- Approved RFA is emailed to RFA Specialist
  - Will forward to Provider & CM
- Provider will schedule modification with the family
- Once modification is complete, CM will verify satisfaction with Individual / family and notify RFA Specialist.
- RFA Specialist will enter completion information into INsite.



#### Lifetime Caps: Environmental Modifications

- CIH, Medical Model (A&D & TBI) \$15,000
- Not a service under FSW
- Yearly Maintenance \$500



# Lifetime Caps: Vehicle Modifications

- CIH, Medical Model (A&D & TBI) \$15,000
- o FSW \$7,500
- Yearly Maintenance \$500



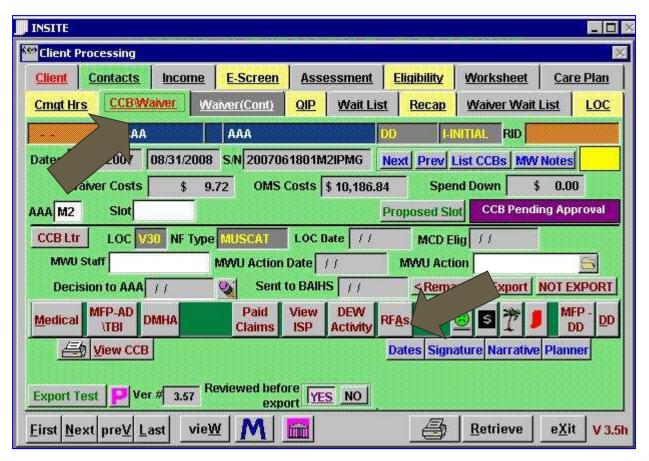


# Lifetime Caps: Specialized Medical Equipment/Assistive Devices (ATCH)

- o FSW \$7,500
- VMOD & ATCH have a combined cap of \$7,500 under
   FSW. (Note This service must also fit within the yearly service cap for all services for FSW. They may have to reduce other services to fit this within their yearly service cap.)
- No Cap for all other waivers including CIH and Medical Model (A&D & TBI)



# RFA Screen in Insite: Viewing Funding Available





### Viewing Previous RFAs

		Waiver	Serv	ice	Specific	s	Est. Cost
Edit	Print	DD	ENVIRONME	NT MOD -	STAIR LIFT		8700.00
Edit	Print	DD	ENVIRONME	NT MOD -	RAMP		6300.00
Edit	Print	DD	Vehicle Mod	ification	WHEELCHAIR LI	T	10005.00
Edit	Print	DD	VEHICLE MOD - MAINT WHEELCHAIR LIFT		FT	119.95	
Edit	Print	DD	VEHICLE MOD - MAINT WHEELCHAIR LIFT		119.95		
Edit	Print	DD	VEHICLE MOD - MAINT WHEELCHAIR LIFT		376.50		
Edit	Print	DD	VEHICLE MOD - MAINT WHEELCHIAR TIE-DOWN:		116.14		
Edit	Print	SSW	SPECIALIZE	D MED EQ	DURABLE & NON	I-DURAB	2372.58
Edit	Print	SSW	SPECIALIZE	D MED EQ	ASSISTIVE DEVI	CES	2282.40
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Environ Mod	0.00	0.00	0.00	ICF\MR	0.00	ssw	4654.9
				Autism	0.00	DD	21895.0

This screen shows totals for the services that have been previously approved.



## Alternate Funding Source

- Helping Challenged Children Inc. HCCI
- HCCI's grants are offered as a last resort for the recipient. HCCI researches each case to ensure that all other possible sources of funding have been exhausted, then work to meet the needs of the child through gifting.
- This resource can be used for items not covered under other funding sources such as bikes, IPADS, etc.
- Funding is limited
- Individual must be 18 years old or younger
- Website for application: http://helpingchallengedchildren.org/grant-application/



# Informal Ramp Resource

- SAWS Servants at Work
- Volunteer organization
- http://www.sawsramps.org/
- Check website to apply.





### Riley Safety Store

https://safetystore.iu.edu/

 Riley has a safety store that offers adaptive items and equipment at a reduced cost.





#### References

o RFA information from DDRS Manual, 11.1, 11.2, 11.3:

http://www.in.gov/fssa/files/DDRS Waiver Manual MASTER%20for%20SU MMER%202016%20.pdf

ODRS Waiver Manual:

http://www.in.gov/fssa/ddrs/4312.htm

Community Integration and Habilitation Waiver, Effective September 1,2016.

http://www.in.gov/fssa/files/CIH%20IN%200378%20R03%2003%20-%20Effective%2009%2001%202016.pdf

Family Supports Waiver, Effective September 1, 2016.

http://www.in.gov/fssa/files/FSW%20IN%200387%20R03%2002%20-%20Effective%2009%2001%202016.pdf



# Questions?

- For providers or Case Managers working with IPMG: Contact RFA Specialist, Ruth Roberts, (317) 369-0169 or email at r.roberts@gotoipmg.com
- If you need assistance locating providers who may bid on different projects, approved providers are available on the Medicaid Waiver pick list. Your Case Manager can provide a list of the providers certified within each county.

